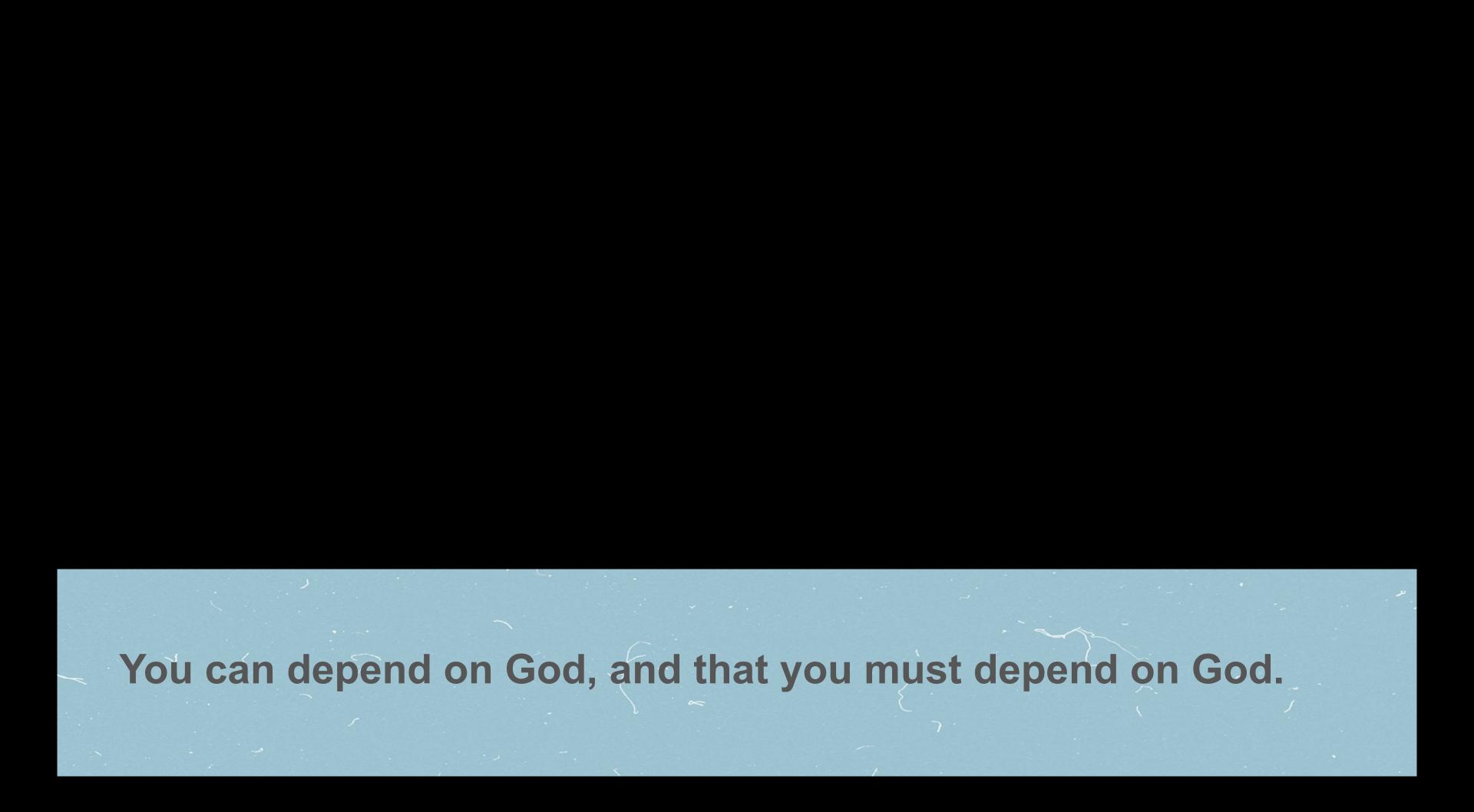


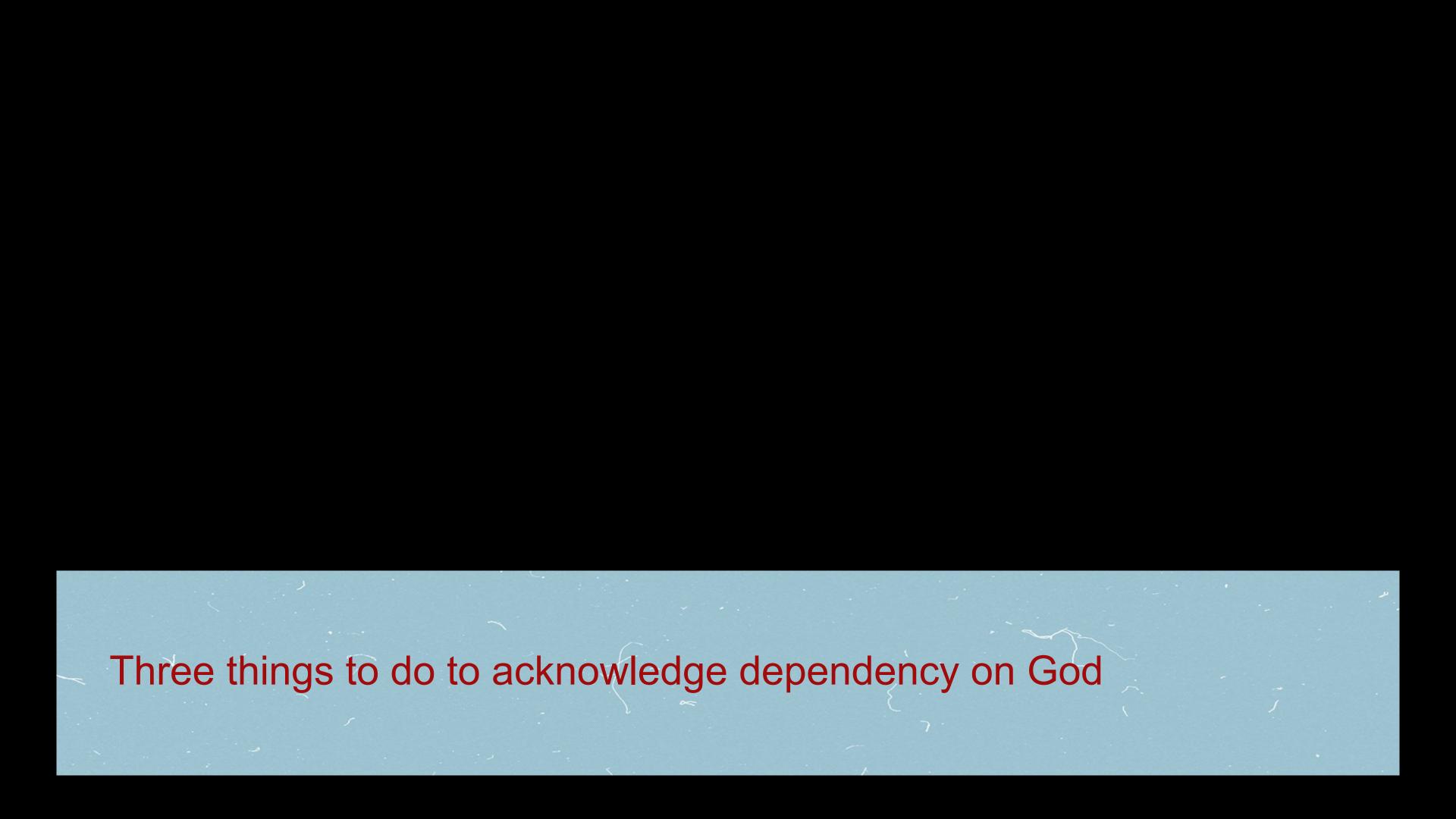
If the LORD had not been on our side—let Israel say—² if the LORD had not been on our side when people attacked us, ³they would have swallowed us alive when their anger flared against us;

⁴the flood would have engulfed us, the torrent would have swept over us, ⁵the raging waters would have swept us away. ⁶Praise be to the LORD, who has not let us be torn by their teeth.

⁷We have escaped like a bird from the fowler's snare; the snare has been broken, and we have escaped. ⁸Our help is in the name of the LORD, the Maker of heaven and earth.

Imagine there's no heaven...





1. Affirm the difference God makes in your life.

2. Recognise your inability to defend and save yourself.

3. Declaring how God has helped you.