

The Power of Balance





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23 "I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but not everything is constructive."

24 "So whether you eat or drink or whatever you do, do it all for the glory of God."

1 Corinthians 10:23, 31



“How is this glorifying to God?”



What might be glorifying to God for **one person in their context and their situation, may not be **for your context and your situation.****



In what ways can entertainment
and gaming be **glorifying to God?**



1. Fellowship and connecting with people.





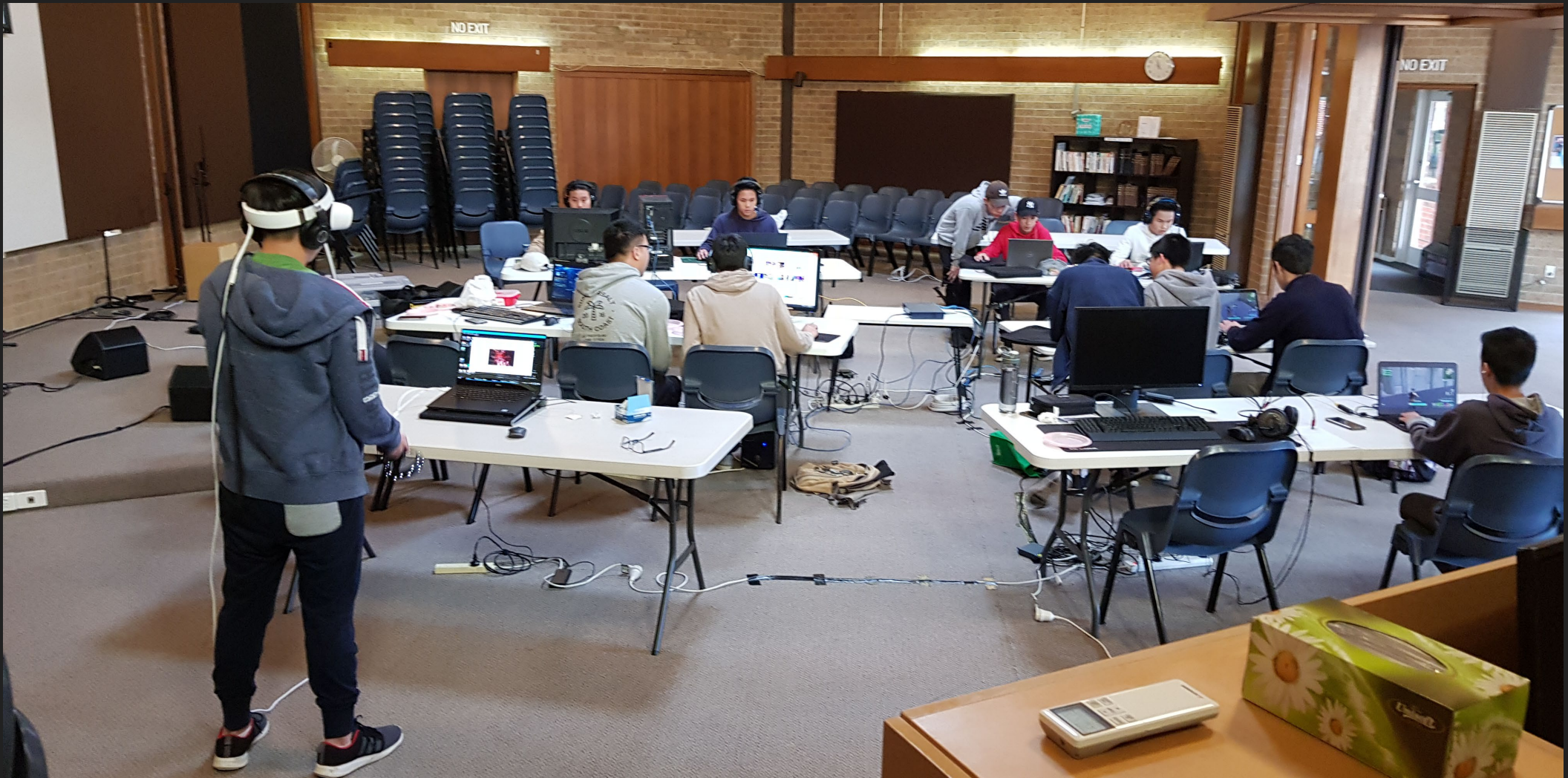
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2. To learn and to stimulate your mind.



3. For personal rest and relaxation.



In what ways can entertainment and gaming be glorifying to God?

1. Fellowship and connecting with people.
2. To learn and to stimulate your mind.
3. For personal rest and relaxation.



Three things to keep in mind
as we **seek to balance** gaming
and entertainment.



1 . Acknowledge how much time can be **wasted on playing games and entertainment**



1⁵ So be careful how you live. Don't live like fools, but like those who are wise. 1⁶ Make the most of every opportunity in these evil days.

Ephesians 5:15-16



**"So if your hand or foot causes you to sin,
cut it off and throw it away."**

Matthew 18:8a



¹⁵ So be careful how you live. Don't live like fools, but like those who are wise. ¹⁶ Make the most of every opportunity in these evil days.

Ephesians 5:15-16



2. Consider **fasting** for short periods.



3. What is the **source of your joy?**



3. What is the **source of your joy?**

If your ultimate source of abiding joy is not from **fellowship with God**, then something is **out of balance**.



**"A day in your courts is better than
a thousand elsewhere"**

Psalm 84:10



Three things to keep in mind as we **seek to balance** gaming and entertainment.

1. Acknowledge how much time can be **wasted**.
2. Consider **fasting** for short periods.
3. What is the **source of your joy**?



Parents:

How can you take **more interest in what your child finds fun and entertaining?**



Gamers:

Is this the **best use** of my time?

Can I be **glorifying God** in another way?



Is what I'm doing **glorifying God?**



Is what I'm doing **glorifying God?**

"So whether you eat or drink or whatever
you do, **do it all for the glory of God.**"

1 Corinthians 10:31

